



CAROLINE KNIGHTON

CASE MANAGER & NURSE

LOCATION: SOUTH EAST ENGLAND

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☎ **0161 4805512**

SPECIALISMS

- Moderate and Severe Brain Injury
- Acquired Brain Injury
- Spinal Cord Injury
- Ventilated Tetraplegic Spinal Injury
- Amputation
- Psychological Trauma

WORKS WITH

- Adults
- Children

GEOGRAPHICAL AREAS COVERED:

London, East Anglia, Home Counties, Midlands

PROFESSIONAL QUALIFICATIONS

- Registered General Nurse
- Diploma in Management Studies (Health and Social)
- CProfMS (Certificate in Professional Management Studies)

PROFESSIONAL MEMBERSHIPS AND ASSOCIATIONS:

- Nursing and Midwifery Council (NMC)

- British Association of Brain Injury Case Managers (BABICM)
- Case Management Society UK (CMSUK)

Caroline is a Registered General Nurse with extensive experience within the NHS and private sectors specialising in catastrophic case management and complex health needs in the community. She trained at Stoke Mandeville Hospital qualifying in 1992 and remained there until 1995, during which time she undertook further training gaining experience across many specialties, including neurology (spinal and brain injury), amputation and general surgery.

Whilst continuing to practice as a nurse, Caroline undertook part time management studies in health and social care management and, following graduation, joined a private health organisation as business manager. In 1995 Caroline moved to Ealing Hospital and as clinical manager gained a great deal of experience in the discharge planning of patients and assessment of needs ready for discharge or transfer, in conjunction with the multi-disciplinary team (MDT).

During a break from clinical practice Caroline took on part-time health lecturing at Harlow College and then returned to clinical practice as Director of Clinical Services at Disability Essex, a charity focused on re-enablement of adult and child clients following acquired disability - predominantly spinal, amputation and acquired brain injury. Caroline carried out needs assessments, wrote legal reports, developed and project managed two triple-award winning initiatives, much of which focused on young people with complex needs.

In 2012 Caroline moved to a case management role, assessing and planning packages of care for children and adults in the community with complex continuing healthcare needs, including acquired brain injury, amputation, ventilated tetraplegic spinal injury, clients with interventions such as tracheostomy or tube feeding and severely disabled clients. Caroline carried out training for carers in the community to enable them to successfully and safely care for clients and ensured care was of a high standard, in addition to facilitating statutory training, such as moving and handling and basic life support. She ensured that both care and associated documentation was CQC compliant and worked closely with the wider MDT. Caroline has continued to work as a case manager since this time specialising in catastrophic injury with a case load consisting of adult and paediatric acquired brain injury, spinal and adult amputations

CONTINUAL PROFESSIONAL DEVELOPMENT

Over the course of her case management career, Caroline has attended numerous study days and conferences covering neurological and amputation disciplines and has also completed Northampton University Certificate in Brain Injury Studies. Caroline is registered with the Nursing and Midwifery Council, is a member of CMSUK and BABICM. She was a finalist in the CMSUK Case Manager of the Year awards in 2019 and awarded 'highly commended'.

If you would like to contact us to discuss a referral or obtain a referral form please call our team on 0161 480 5512. Alternatively, referrals forms/letters of instruction can be sent to referrals@innovatehmg.co.uk